



**UNIVERSITY OF ALBERTA**  
**DEPARTMENT OF PSYCHOLOGY**

**Introduction to Clinical Psychology**  
**PSYCO 335**  
**Section B1**  
**Winter 2021**

**Instructor:** Jay Brinker

**Phone:** 780-492-3360

**E-mail:** jbrinker@ualberta.ca **\*Questions about course go on eClass\***

**Zoom Meetings: Thursdays 12:30 – 1:50pm \*\*First Meeting Jan 14th\*\***

**Zoom Office Hour: Tuesdays 12:30 – 1:30pm (Starting Jan 19th)**

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**Course Description:** The study of the profession of clinical psychology, including topics such as assessment and diagnosis, judgment and decision making, and psychotherapeutic interventions.

**Course Prerequisites:** PSYCO 239. Not open to students with credit in PSYCO 435.

It is important to prepare yourself for this course through a review of the prerequisite material. Students who do not have the required prerequisites at the time of taking this course should not expect supplementary support from the instructor.

**Course Objectives and Expected Learning Outcomes:** At the conclusion of this course students should have an understanding of the field of clinical psychology including how clinical psychologists are trained, how the field is regulated and the scope of the work clinical psychologists engage in. Particular attention will be paid to ethical issues in clinical psychology.

**Required Textbook:**

Lee, C.M. & Hunsley, J. (2018). Introduction to Clinical Psychology: An Evidence Based Approach, 4th Edition. John Wiley and Sons.

**\*\*Exams will be based on this edition\*\***

## Required Course Materials

You will need the means to access the internet and to use the Zoom meeting platform for weekly meetings and office hours. You must have a microphone to communicate in Zoom meetings. A video camera is recommended but is not required. You will need Microsoft Word to submit your written assignment.

Students can download Microsoft Office for free from IST

([https://ualberta.onthehub.com/WebStore/ProductsByMajorVersionList.aspx?cmi\\_cs=1&cmi\\_mnuMain=70eccc40-3868-e311-93f8-b8ca3a5db7a1](https://ualberta.onthehub.com/WebStore/ProductsByMajorVersionList.aspx?cmi_cs=1&cmi_mnuMain=70eccc40-3868-e311-93f8-b8ca3a5db7a1))

## Lecture Schedule & Assigned Readings:

Week of	Recorded Lecture	Ch./Reading
Jan 11	Recorded Lectures – Welcome! What is Clinical Psychology?	1
	Zoom – What is clinical Psychology	
Jan 18	Recorded Lectures – Clinical Psych today and Becoming a Clinical Psychologist	2
	Zoom – Becoming a Clinical Psychologist	
Jan 25	Recorded Lectures – Ethics; Classification and Diagnosis	3, CPA Code
	Zoom - Ethics	
Feb 1	Recorded Lectures – Research in Clinical Psychology	4
	<b>Test 1</b>	
Feb 8	Recorded Lectures – Assessment, Interviewing and Observing	5,6
	Zoom – Psychological Assessment	
Feb 15	<b>**Reading Week**</b>	
	<b>No recorded lectures, discussion meeting or office hours</b>	
Feb 22	Recorded Lectures – Assessing Intellect and Cognition	7
	<b>Test 2</b>	
Mar 1	Recorded Lectures – Projective and Self-Report Measures	8
	Zoom – Assessing Cognition, Projective and Self Report	
Mar 8	Recorded Lectures – Integration and Decision Making	9
	Zoom – Assessment: Bringing it all together	
Mar 15	Recorded Lectures – Intervention overview and with adults	11
	<b>Test 3</b>	
Mar 22	Recorded lectures – Working with older adults, couples and groups	12
	Zoom – Working with different populations	
Mar 29	Recorded Lectures – Elements of Change	14
	Zoom – How Therapy Works	
Apr 5	Recorded Lectures - Clinical Neuropsychology, Health, forensic	15
	<b>Test 4</b>	
Apr 12	No new recorded lectures – Self Study/Review Zoom – Clinical subspecialties	

## **Zoom Meetings and Recorded Lectures**

Every week there will be recorded lectures that you can listen to whenever you choose.

We will also have Zoom discussion meetings on Thursdays. These meetings will not contain new information that is not available in the recorded lectures, however they may present examples that could be used as cues in exams and otherwise be beneficial for your understanding or be of personal interest.

Even though there are 120 people in the course I do hope people will contribute to the discussions. You do not need to have your camera on, but talking through a mic helps with flow. You can also contribute via the chat function.

Recording of the Thursday Zoom discussion meetings is NOT allowed. There is no information in these meetings that is required for the tests, assignments or final exam that cannot be found in other course materials and I want to ensure everyone is free to contribute to the discussions comfortably.

Weeks where there is a test, there will be no Zoom discussion meeting.

## **COMMUNICATION AND QUESTIONS \*\*IMPORTANT\*\***

### **DO NOT EMAIL QUESTIONS ABOUT THE COURSE**

All questions pertaining to the course, course content, class activities assignments, and exams MUST be posted on the eClass discussion forum.

Only questions of a very personal nature are to be emailed. Please check if the question has already been asked and answered. Please check if the information is available elsewhere (i.e., course syllabus or eClass). We will have 1 office hour per week and time during our Zoom meetings for questions. If you are having any difficulty with the material, exams or assignments, please contact me.

**\*\*Do not email the Teaching Assistants. If you have questions about the marking of your assignments, ask me.\*\***

***\*\*All questions on eClass will be answered during regular business hours\*\****

### **Grade Evaluation:**

Grades will be assigned in percentages and will be converted to letter grades based *approximately* on the below table. Your final grades will be calculated in accordance with the University of Alberta letter grading system.

<b>Letter</b>	<b>Approximate %</b>	<b>Pts</b>	<b>Descriptor</b>
A+	92 – 100%	4.0	<b>Excellent</b>
A	88 – 91.99%	4.0	
A-	84 – 87.99%	3.7	
B+	78 – 83.99%	3.3	<b>Good</b>
B	74 – 77.99%	3.0	
B-	70 – 73.99%	2.7	
C+	65-69.99%	2.3	<b>Satisfactory</b>
C	60 – 64.99%	2.0	
C-	55 – 59.99%	1.7	
D+	53 – 54.99%	1.3	<b>Poor</b>
D	50 – 52.99%	1.0	<b>Minimal Pass</b>
F or F4	0 – 49.99%	0	<b>Failure</b>

**\*\*NOTE\*\*** Due to the alternate format of the course this semester, this grading system is an approximation. Grades may be adjusted at the end of semester to better reflect the descriptors and to maximize equivalence with previous sessions of this course

Grade Distribution:

<b>Evaluation</b>	<b>Weight</b>	<b>Covers Weeks and Chapters</b>	<b>Due Date</b>
Test 1	10%	Jan 5, 12 and 19 Ch. 1,2,3, CPA Code	Jan 28
Test 2	10%	Jan 26, Feb 2 Ch. 4, 5, 6	Feb 11
Test 3	10%	Feb 9, 23, Mar 2 Ch. 7, 8, 9	Mar 11
Test 4	10%	Mar 9, 16, 23 Ch. 11, 12, 14	Apr 1
Assignment 1	20%	See eClass	Mar 15
Assignment 2	20%	See eClass	Apr 5
Final Exam	20%	ALL Final Exam is Cumulative	TBA**

**\*\*** It is the student's responsibility to verify this date on Bear Tracks when the Final Exam Schedule is posted.

There is no possibility of a reexamination in this course

Grades are unofficial until approved by the Department and/or Faculty offering the course.

#### **Past or Representative Evaluative Material:**

Example questions will be supplied on eClass, however, please use these only as a guide for question style, not content. Everything in the lectures and the required readings is examinable!

#### **ASSIGNMENTS – Due by 11:55pm on dates listed above:**

Students will complete two short written assignments.

Full instructions are posted on eClass.

**Policy on Late Work:**

Assignments submitted late, for **any** reason, will be penalized 3% from the assignment grade per each calendar day (or part thereof) up to a maximum of one week at which point you will receive a grade of 0. For example, if you submit the final paper between 11:55pm on the due date and 11:54pm on the next calendar day, you would lose 3%. All assignments will be submitted via eClass and technical difficulties with this process will NOT be accepted as exemption from the late penalty. Submit your assignments early to avoid these problems.

**TESTS**

The 4 small tests will be online, open book tests in eClass. They will consist of 10-12 multiple choice or true/false questions and 1 – 3 short answer questions. Each test will be available from 9:00am until 11:55pm on the date listed (you must be finished by 11:55pm). Once you begin the test you will **only have 30 minutes to complete it**. If you lose connection you will be able to return to the test so long as it is within the time limit.

The questions will be conceptual/applied so you will not be able to quickly search for answers in your materials and the time limit is quite short. Please study the material as you would for a regular, in-person exam. You will not have time to review information from your notes or text during the tests.

**Format of Final Exam:**

The final exam will be an online open book exam in eClass. It will consist of about 55 multiple choice questions approximately 10 short answer questions and you will have 120 minutes to complete the exam.

As with the tests, questions will be very conceptual in their style and the answers will not easily be found in your notes and text. I strongly recommend you study the material as you would for a regular, in-person exam. You will not have time to search for information during the limited exam time.

**Deferred Final Examination:** For information on how to apply for a deferred exam see <https://www.ualberta.ca/services/health-centre/exam-deferrals.html>

**\*\*The deferred final exam will be held on Wednesday May 5th from 10 – 11:30am MDT\*\***

**Student Responsibilities:**

**Academic Integrity:** The University of Alberta is committed to the highest standards of academic integrity and honesty. Students are expected to be familiar with these standards regarding academic honesty and to uphold the policies of the University in this respect. Students are particularly urged to familiarize themselves with the provisions of the Code

of Student Behaviour (online at [www.governance.ualberta.ca](http://www.governance.ualberta.ca)) and avoid any behaviour which could potentially result in suspicions of cheating, plagiarism, misrepresentation of facts and/or participation in an offence. Academic dishonesty is a serious offence and can result in suspension or expulsion from the University.

All students should consult the Academic Integrity website.

<https://www.ualberta.ca/current-students/academic-resources/academic-integrity/index.html> If you have any questions, ask your instructor. An instructor or coordinator who is convinced that a student has handed in work that he or she could not possibly reproduce without outside assistance is obliged, out of consideration of fairness to other students, to report the case to the Associate Dean of the Faculty. See the Academic Discipline Process <https://www.ualberta.ca/provost/dean-of-students/student-conduct-and-accountability/discipline-process.html>

### **Student Resources:**

The best all-purpose website for student services is: <https://www.ualberta.ca/current-students>.

**COVID-19 Updates:** Updates pertaining to university-related activities can be found on the [COVID-19 Information website](https://www.ualberta.ca/covid-19/index.html). <https://www.ualberta.ca/covid-19/index.html>

**Student Services and Resources:** General information about various services, including academic, financial, health, safety, and career development, can be found on the website for [Current Students](https://www.ualberta.ca/current-students). <https://www.ualberta.ca/current-students>.

### **Accessibility Resources: (1 – 80 SUB)**

The University of Alberta is committed to creating work and learning communities that inspire and enable all people to reach their full potential. Accessibility Resources promotes an accessible, inclusive, and universally designed environment. For general information to register for services visit the Accessibility Resources webpage.

<https://www.ualberta.ca/current-students/accessibility-resources/index.html>

### **The Academic Success Centre: (1-80 SUB)**

The Academic Success Centre offers a variety of workshops on effective study and exam strategies. There are in-person and online sessions available for a modest fee.

<https://www.ualberta.ca/current-students/academic-success-centre/index.html>

### **The Centre for Writers: (1-42 Assiniboia Hall)**

The Centre for Writers offers free one-on-one writing support to students, faculty, and staff. Students can request consultation for a writing project at any stage of development. Instructors can request class visits and presentations.

<https://www.ualberta.ca/current-students/centre-for-writers/index.html>

**Health and Wellness Support:** There are many health and community services available to current students. For more information visit the Health and Wellness Support webpage. <https://www.ualberta.ca/current-students/wellness/index.html>

**First Peoples' House:** Provides an environment of empowerment for First Nations, Métis, and Inuit learners to achieve personal and academic growth.

<https://www.ualberta.ca/current-students/first-peoples-house/index.html>

**Office of the Student Ombuds:**

The Office of the Student Ombuds offers confidential interviews, advice and support to students facing academic, discipline, interpersonal and financial difficulties.

<https://www.ualberta.ca/current-students/ombuds/index.html>

**Learning and working environment:**

The Faculty of Arts is committed to ensuring that all students, faculty and staff are able to work and study in an environment that is safe and free from discrimination and harassment. It does not tolerate behaviour that undermines that environment. This includes virtual environments and platforms.

The University of Alberta acknowledges that we are located on Treaty 6 territory, and respects the histories, languages, and cultures of the First Nations, Métis, Inuit, and all First Peoples of Canada, whose presence continues to enrich our vibrant community.

Policy about course outlines can be found in the Evaluation Procedures and Grading System section of the University Calendar.

[https://calendar.ualberta.ca/content.php?catoid=20&navoid=4939#Evaluation\\_Procedures\\_and\\_Grading\\_System](https://calendar.ualberta.ca/content.php?catoid=20&navoid=4939#Evaluation_Procedures_and_Grading_System)

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**Disclaimer:** Any typographical errors in this syllabus are subject to change and will be announced on eClass. The date of the final examination is set by the Registrar and takes precedence over the final examination dates reported in this syllabus.