

April

Wednesday, April 9th

HACUA/UPA BBQ

10-4, Quad

HACUA and UPA go like milk and cookies.

UPA elections

Date TBA. Your online ballot is available on the website. Your UPA member number will be necessary to vote. If you have misplaced or not yet received a card, please email UPA.

Friday, April 11th

Last day of classes

High-five!

Wednesday, April 15th

First day of finals

Dun dun DUNNNN.



**Undergraduate
Psychology
Association**

Office: BS P 206D, 206 E

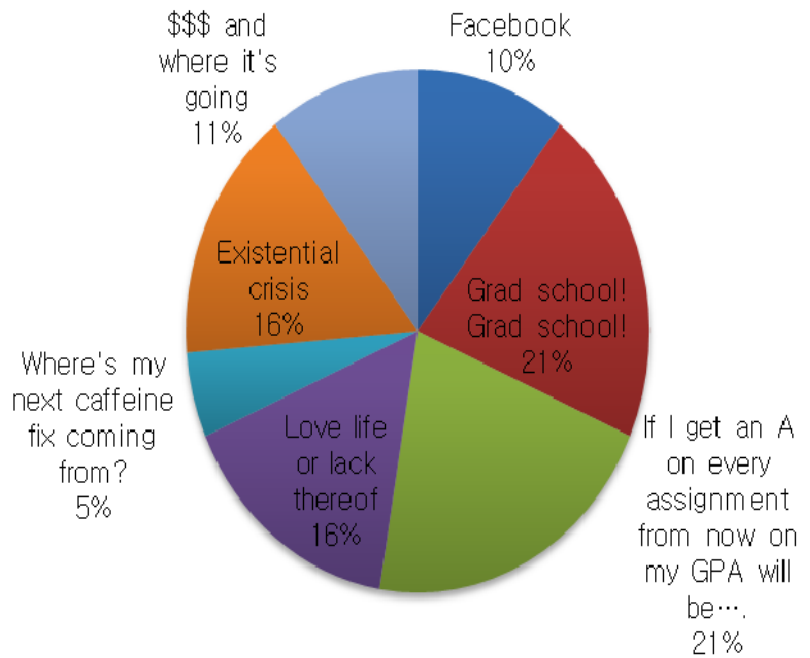
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THE INK BLOT

It's a hard-knock time for us.



MARCH 2008-APRIL 2008:

- Ψ Editor's note
- Ψ Upcoming Events
- Ψ What we did last month
- Ψ The Freudian Corner
- Ψ With a Psych degree, you can: Human Ecology
- Ψ Join the UPA
- Ψ Volunteer opportunities: you're never too idealistic to start.

Editor's Note

Good luck on surviving finals, everyone! Whether it's our first, second or fifth time, it never comes easy.

Sometimes the stress involved makes it so easy for us to forget how cool psychology is. But hopefully, it'll all be worth in the end. Remember: caffeine is your friend, and so is the UPA.

Leigh Yang
VP Comm

It's all about the perception



Upcoming Events

Elections for Executive Team 2008-2009: Please refer to the website for each exec's position, profiles, and job details. Application forms and ballots (come election day) will be available on the website! Exact date TBA.

End of the school year: enjoy your well-deserved break! Best of luck to everyone graduating and for those coming back, hope to see you involved with the UPA again!



What we did last month

The **Joseph R. Royce Research Conference** enjoyed a good turnout and excellent participation rates by undergraduates. Worth the snowy trek to BioSci? I think so. Posters, presentations and free food were enjoyed by all. For anyone interested in participation next year, submission forms will be available online at the conference website near February.

The **Individual study/lab volunteer forum/ Meet the prof night** was likewise a success. Thank you to the guest speakers from four psychology areas for their informative presentations and of course, the academic committee for their soo-perb work.

The **HACUA/UPA BBQ** on quad wrapped things up nicely for the year. Thanks to all volunteers from both organizations as well as the consumers who stopped by. Proceeds will be split between organizations, with portions going toward a yet undetermined charity of choice.



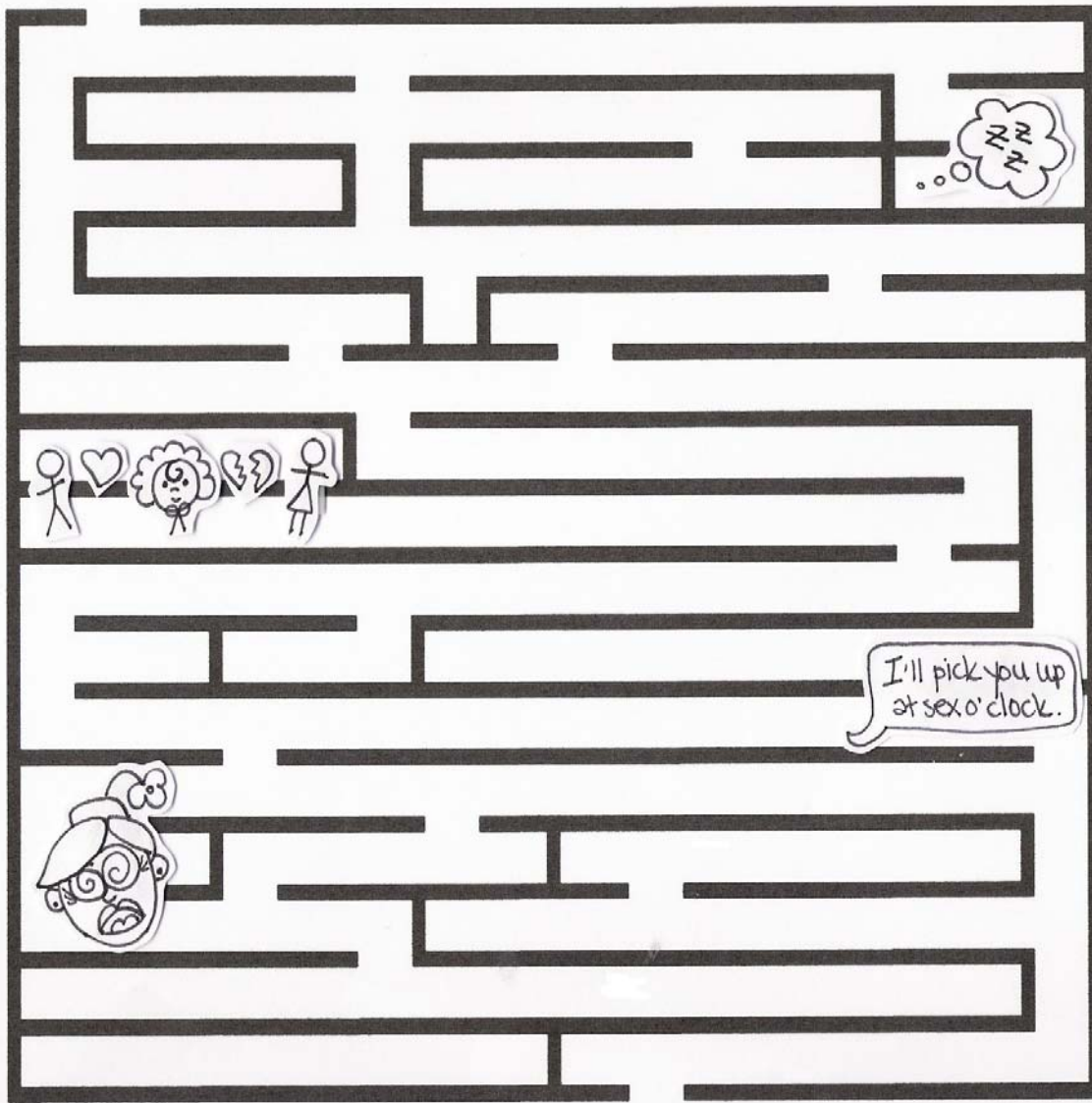
The Freudian Corner

A. Gusnowski



AUFSCHRECKEN

HELP FREUD THROUGH THE MAZE SO HE CAN ENJOY HIS CIGAR.
WATCH OUT FOR THE PSYCHOPATHOLOGIES... ANALYSIS TAKES TIME!



I'll pick you up
at sex o'clock.



ENDE

With a psych degree, I can.....

Being unable to find and interview a design psychologist, this month's career showcase will be substituted by an excerpt from the APA website on interesting careers in psychology. Hope you find this informative and I apologize for the scant provision this month. The full article can be found here: <http://www.apa.org/science/ic-painter.html>

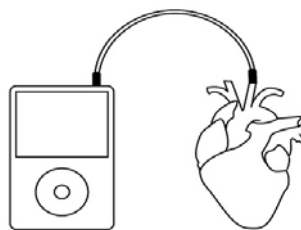
Ψ In the Hotseat: Susan Lee Painter, PhD

It was not my intention to become a design psychologist when I went on sabbatical from my tenured position at Carleton University in Ottawa, Canada. In fact, at that time, design psychology didn't exist as a field yet-it was only over the course of several years that I, along with two colleagues, developed the field of design psychology and began to make my career in it. After two different careers based on my training and interests in psychology, I thought that I was leaving the field of psychology far behind in 1991. But I always followed my evolving interests. Today, my career in design psychology-the practice of interior, environmental, and landscape design in which psychology is used as a tool for design-is really a series of careers, all in a state of movement and growth.

It was within the context of teaching that I began to develop the field of design psychology. My knowledge of psychology and human behavior gave me a new way to create spaces for people. For my thesis, I chose to design a pediatric clinic for a minority, low-income population. Based on my background in developmental and community psychology, I developed a series of psychological goals for the design of the clinic. These goals focused on fostering security in the young clients and their parents, fulfilling the staff's needs for specific types of workspaces and equally important private areas. In addition, these goals worked to support the self-esteem of both groups of users by creating a physical environment-the quality of the light, spaces, and the choice of materials and artwork-which reflected the level of care and attention the clinic was meant to provide. For this project, I won an award from the Center for Healthcare Design.

My knowledge of human behavior has recently led me to look at design from a larger perspective, by working with the Urban Design and Planning Department. My ability to analyze space from a psychological point of view is valuable when it comes to interviewing clients, developing patterns for pedestrian and vehicle access, and creating areas for living, working, and gathering for campus master plans and new urban developments.

My career in design psychology, entirely self-created, is a mixture of practice, teaching, and research. My daily life is infinitely varied, and though sometimes exhausting, is never boring.



TRANQUILIZER

Join the UPA!

Why?

- To have fun with other psych students!
- To get information on careers in psychology!
- To have something to put on your resume

How?

Come to BS P 206D during any of our office hours listed below, pay your \$5 membership fee and receive your card!

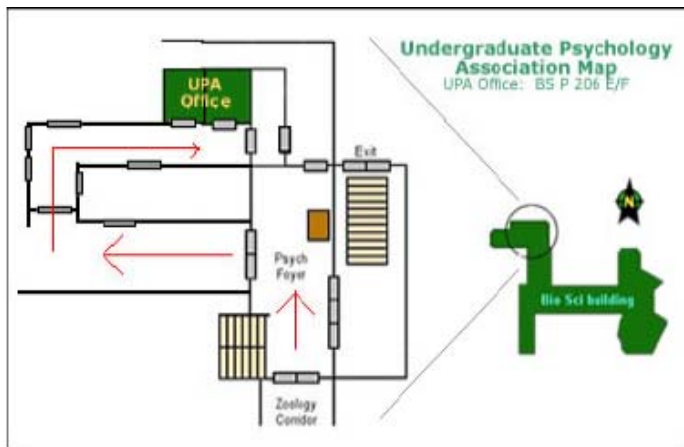
The Perks:

Free admission into all forums and events! (\$1+ for non-members)

Chance to volunteer within the UPA and take on leadership roles!

Meet new friends!

Seek advice from other UPA members on psych-related matters



Volunteer Opportunities



The UPA is looking for responsible, dedicated individuals for the 2009-2010 executive team.

Ψ VP Social

- organizing get-togethers and other social events for UPA members
- Must take SIPS training before or during the fall semester and be one of the designated SIPS representatives at UPA hosted events
- To find and make certain that the UPA has the proper number of SIPS representatives at UPA hosted events
- chairing the social committee
- organizing UPA sports teams or sporting events

Ψ VP External

- providing resources concerning employment
- providing resources concerning volunteer opportunities
- organizing community service initiatives
- university and community relations
- Organizes the Career and Volunteer Fair

Ψ VP Finance

- Organizing and coordinating committees (Fundraising and Merchandise)
- finances and banking
- drafting a budget (in conjunction with the president)
- acquiring sponsorship deals and discounts for UPA events and members
- acquiring grant funding if needed

UPA Office hours for the Winter are undergoing revision.

What do you want to do when you graduate?



I want to become a lighthouse operator.



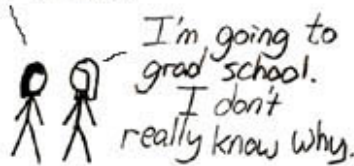
Lighthouses are built on interesting pieces of coast, so I'll have an interesting place to walk and swim, and great views of all kinds of weather. I'd feel good about myself and my work every single day.



I'd get to be the girl in the tower, only I'd be the one rescuing people.



Why, what do you want to do?



Wanna come hang out in my lighthouse over breaks?

