

November

Friday, 18th

Add/drop deadline

Monday, 21st - 25th

Psych Week!

Details to your right.

Further details inside!

Join us for any and every event.

General Meeting: Open and welcome for any member to attend. Smitty Library (BSP 210), on some January Wednesday: exact date/time TBA.

Thursday, 31st

Fee payment deadline

Don't be late!

February

Wednesday, 6th

50% refund drop deadline

With a grade of W instead of F.

Valentine's Day fundraiser.

Details TBA. Suggestions, ideas and volunteers are always welcome!



**Undergraduate
Psychology
Association**

Office: BS P 206D, 206 E

Email: upa@ualberta.ca

Phone: (780) 492 - 6696

<http://www.ualberta.ca/~upa>

THE INK BLOT

Psychology blitzkrieg!

MONDAY	10-4	<i>Bake Sale</i>	CAB
TUESDAY	5-7	<i>Internship Forum</i>	BS M 149
WEDNESDAY	10-4	<i>Career & Volunteer</i>	DINWOODIE
THURSDAY	5-7	<i>Career Forum</i>	See CaPS website
FRIDAY		<i>Bar Night</i>	

JANUARY -FEBRUARY 2008:

- Ψ Editor's note
- Ψ Upcoming Events: Psych Week!
- Ψ The Freudian Corner
- Ψ Join the UPA
- Ψ Volunteer opportunities: you're never too idealistic to start.

Editor's Note

The entire following paragraph and possibly the entire newsletter can probably be summed up in a sentence: COME JOIN US FOR PSYCH WEEK BECAUSE WE THINK IT'LL BE GREAT AND WE HOPE YOU'LL AGREE.

To elaborate: Psych Week is an annual UPA event that falls on the third week of January. Starting off with a fundraiser on Monday, the UPA will host a career fair, an academic and a career forum, and a bar night: it's like a full-course meal of psych events, except it's almost free! With the sheer volume of events, Psych Week is also the best time of the year for students to meet and network with their peers. This is of particular benefit to freshmen and introverts, as there are so many events that being conspicuously awkward will be virtually impossible.

There's something for everyone during Psych Week: we hope to see a lot of you there. We promise you'll have fun and learn something relevant. 😊

Leigh Yang
VP Comm

Upcoming Events: the Psych Week itinerary

Bake Sale and Psychology Trivia: feed your mind and body. UPA-baked treats will be on sale for \$1, conveniently next to the mile-long Tim Horton's queue. A fun addition to the standard bake sale: a wheel-or-fortune style wheel will be set up at the bake sale, labeled with categories for psychology questions. Spin the wheel and answer the category question correctly, and you will be rewarded with a brownie! We're waiting for you in **CAB, Monday, 21st, from 10 to 4.**

Totally worth the snowy trek to BioSci: the **Internship forum** will be held in **BS M 149, Tuesday, 22nd, from 5 to 7.** Self-generated rumor has it that it will be *the* place to be for third-year psych students....and some eager first- and-second years as well. Highly recommended for anyone applying to the internship program this upcoming year.

I think it's safe to say that we all want a psychology-related job at some point: so why not come out to the **Career and Volunteer Fair on Wednesday, 23rd? 10-4** in the **Dinwoodie**. Even early on in your undergrad years, it's nice to know where your options lie. Free of charge, no registration required.

On a related note, the Career Forum will be held on **Thursday, 24th, 5-7, NREF 1-003**. Covers both B Sc and BA options. Speakers from the Edmonton Police Service, Market Research, Clinical Psychology, and Occupational Therapy will be there for your interrogating pleasure. Free of charge: register online at https://www.surveymonkey.com/s.aspx?sm=0wE4nq0tnUkzaY1N3DgY4A_3d_3d. Psst – free pizza and pop afterwards!

We will close the week with a casual bar night on Friday, 25th. Location TBA, and come/leave whenever you please. Check the website for updates. No RSVP necessary but email upa@ualberta.ca if you would like.

See you there!



The Freudian Corner

A. Gusnowski

He that has eyes to see and ears to hear may convince himself that no mortal can keep a secret. If his lips are silent, he chatters with his finger-tips; betrayal oozes out of him at every pore. And thus the task of making conscious the most hidden recesses of the mind is one which it is quite possible to accomplish.
- Sigmund Freud (Heller, 2005, p. 189)

Have you ever had a slip of the tongue, misplaced a common item or forgotten a familiar name? I would wager that most, if not all, adults have endured many such potentially embarrassing moments. Parapraxes, better known as Freudian slips, are one of the mind's techniques for exposing unconscious thoughts and motives. Freud believed that using psychoanalysis one could essentially "decode" these parapraxes and reveal the underlying truth. (Heller, 2005, p. 189)

For example, "a man, excited about his sexy date, tells her, 'I'll pick you up at sex,' instead of six. Or a patient strapped for cash complains to his doctor, "Please do not give me any bills, because I cannot swallow them." (Heller, 2005, p. 189)

Freud collected his own parapraxes, as well as those of his patients, and analyzed them in his work *The Psychopathology of Every Day Life*. This is arguably Freud's most popular publication as it has encountered at least eleven editions and has been translated into twelve languages. (Heller, 2005, p. 190)

So, if you catch yourself wondering why you "accidentally" called your significant other the wrong name the other day...you might want to reconsider how much of an accident it really was!

All facts and ideas derived from...

Heller, Sharon. (2005). Obsession and Compulsion. In *Freud A to Z*. (pp.177-178)
Hoboken, NJ: John Wiley & Sons.



The Freudian Corner

A. Gusnowski

Join the UPA in our procrastination by attempting to find all the Freudian-esque words hidden in the word search below. Why? Because it's either this or school work.

C E R E P R E S S I O N V E D
 J S S N A H Y L G E W R S Y R
 K I I D H M A E A I X U A L E
 G S S S B J X L D T O U L L A
 D T D O Y R E D L I I O A D M
 G E L L E L L R C I N N T L S
 I R V H D E A S E G C V E O E
 R V T L R E N N I B D B N G I
 A A D S O O S T A A M M C E S
 F H U U C S U U I O O U Y R A
 F N O N E D E B P T H X L E T
 E F U R I R O R H I R C G P N
 M M O N S H F E N N D O Y U A
 Y U A B P E R S C U J E Z S F
 F L E F C A S T R A T I O N P

ANAL
 CASTRATION
 DREAMS
 EGO
 FANTASIES
 FATHER
 FREUD
 GENITAL
 GIRAFFE
 HANS
 HORSE
 ID
 LATENCY
 LONGITUDINAL
 LUMF

MOTHER
 OEDIPUS
 ORAL
 PHALLIC
 PHOBIA
 PLUMBER
 PSYCHOANALYSIS
 REPRESSION
 SEXUAL
 SISTER
 SUPEREGO
 SYMBOL
 UNCONSCIOUS
 UNRESOLVED
 WIDDLER

Join the UPA!

Why?

- To have fun with other psych students!
- To get information on careers in psychology!
- To have something to put on your resume

How?

Come to BS P 206D during any of our office hours listed below, pay your \$5 membership fee and receive your card!

Office hours listed on the last page

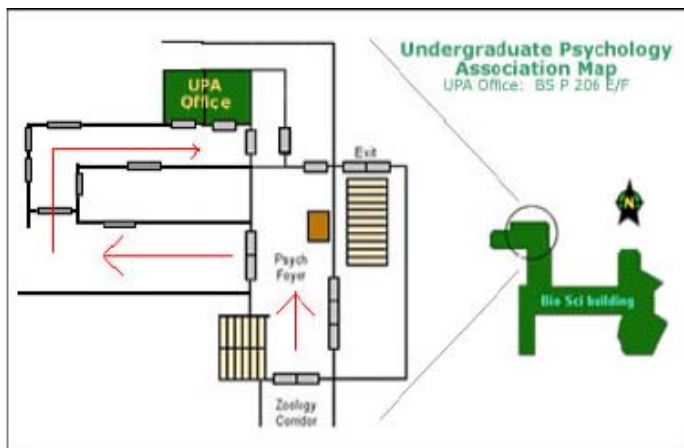
The Perks:

Free admission into all forums and events! (\$1+ for non-members)

Chance to volunteer within the UPA and take on leadership roles!

Meet new friends!

Seek advice from other UPA members on psych-related matters



Volunteer Opportunities



The UPA is looking for responsible, dedicated individuals for:

Ψ The Advertising Committee

The advertising committee is in charge of communicating UPA events to members and the U of A campus.

Time Commitment: 1-2 hours per week

- Creating/designing posters or flyers
- Posting signage
- Class presentations or writing on whiteboards in classrooms
- Sidewalk chalk advertisements
- Thinking of creative ways to spread UPA news.

Contact April at aprilg@ualberta.ca

Ψ Merchandise Coordinator

Our merchandise coordinator assist the VP Finance with the UPA Merchandise

- Researching and contacting different merchandise providers for clothing, pens, mugs, etc.
- Attending meetings with the VP Finance and merchandise providers
- Creating, collecting and processing merchandise order forms
- Distributing merchandise

Interested? Contact our VP Finance Erin at karman@ualberta.ca

Ψ The Social Committee

The social committee will be assisting the VP social with planning and facilitating UPA social events. Volunteers need to be enthusiastic about representing the UPA through fun and exciting social activities such as parties, pub crawls, and movies nights. We're specifically looking for the following:

Event Coordinator

Time Commitment:

3-5 hours a week (varies depending on event but can work around volunteers schedule)

- Assisting VP Social with social event planning
- Coordinating volunteers for events
- Advertise and facilitate social events
- Attending social committee meetings
- Possible office hours
- Committed to the U of A campus social life
- Experience organizing events (preferable but not necessary)
- Outgoing and friendly personality

Event Facilitators

UPA Office hours for the Winter are undergoing revision.

Time Commitment: Varies depending on events

- Attending social committee meetings
- Aiding in organizing activities (making posters, selling tickets etc.)
- Committed to the U of A campus social life
- Outgoing and friendly personality

Contact VP Social at moore_jenna@hotmail.com

Ψ Ink Blot Contributors

We're always looking for enthusiastic psychology lovers to contribute interesting and entertaining articles for our newsletter. We accept all types of submissions such as opinion pieces, research updates, biographies, cartoons, etc.

Please send your submissions to VP Communications at myang@ualberta.ca