

January

Books for Africa: in conjunction with the Golden Key Society. Drop box for textbooks in the Department Office BS P 217

20th
Add/Drop Deadline

22nd – 26th
Psych Week: a whole week of psycho fun. Details in the funky picture to your right.

31st
Fee Payment Deadline

February Psychology Month

14th
Valentine's Day
Love. Hearts. Cupids. Kisses. Bitter, sulking Singletons. **Hot chocolates and cookies sale in BioSci (tentative)**

Blood Drive for the Sick Cell foundation.
Details TBA. May involve cookies.

Psych movie nights in SUB: Details TBA.



**Undergraduate
Psychology
Association**

Office: BS P 206D, 206 E
Email: upa@ualberta.ca
Phone: (780) 492 – 6696
<http://www.ualberta.ca/~upa>

THE INK BLOT

Fresh procrastination fodder, once a month, every month.

READY TO GET *psyched* ABOUT PSYCH WEEK

Monday, January 22th - Friday, January 26th

- *Pub Crawl ticket sales! (\$15/person)*

Tuesday, January 23th
Bake Sale (CAB)
Internship Program Forum (BS M 145) 5:30-7

Wednesday, January 24th
Career and Volunteer Fair (Tory Atrium) 10-4
Career and Volunteer Forum (\$3 tickets!!) 5-7

- *Thursday, January 25th*
Resume Workshop (\$7/person)

Friday, January 26th
Pub Crawl :D (limo bus w/ dancefloor & poles...yay!!)

Starts at HUDSONS CAMPUS 11113-87 AVE.
8:00 check in, buses depart 9:30pm SHARP **TICKETS ONLY \$15**
PUB CRAWL STOPS: Hudsons Campus, Squires, Union Hall, The Ranch

January - February 2006:

- Ψ President's Address: Welcome back!
- Ψ Editor's note
- Ψ I know what we did last month...and so should you.
- Ψ The Freudian Corner
- Ψ Upcoming events
- Ψ Join the UPA: the why, the how, the overall awesomeness of it

President's Address

WELL EVERYONE IT'S THE START OF A BRAND NEW SEMESTER AND WE ARE STARTING OFF WITH A BANG. IT'S OUR PSYCHED ABOUT PSYCHOLOGY WEEK PHENOMENON!!! I AM SO EXCITED! Please come and join us for our career fair, forum, pub crawl, BAKE SALE YUMMY FOOD!!! Internship forum and resume workshop and much much more...This semester is gonna be great! The UPA has joined forces with 5 different groups in the last semester including, HSSA, GOLDEN KEY SOCIETY, UASUS, SICKLE CELL FOUNDATION AND CHELSEA FROM STUDENT COUNSELLING SERVICES!

THANKS FOR EVERYTHING! I AM SO PROUD OF WHAT THE UPA HAS BEEN ABLE TO ACCOMPLISH OVER THE YEARS AND I SINCERELY THANK ALL MY EXECUTIVE AND MEMBERS FOR THEIR SUPPORT AND HARD WORK. IT IS SAD TO SEE THAT THIS IS MY LAST SEMESTER WITH THE UPA!!! I AM GRADUATING AND I HOPE THAT THE SUCCESS OF THE UPA WILL CONTINUE AND GROW FOR MANY MANY YEARS!!! MANY OF OUR EXECUTIVES WILL BE GRADUATING THIS YEAR AND WE NEED MORE GREAT PEOPLE TO FILL IN AND CONTINUE THE UPA'S PROSPERITY! IF ANYONE IS INTERESTED, PLEASE FEEL FREE TO E-MAIL ME AT SSP1@UALBERTA.CA. THE UPA HAS OPENED MY EYES TO NEW FRIENDS, NEW JOBS AND THE POSSIBILITY OF GRADUATE SCHOOL. BEING PRESIDENT OF SUCH A GREAT ORGANIZATION AND WITH SUCH GREAT PEOPLE HAS BEEN ONE OF MY MOST MEMORABLE TIMES! I HONESTLY AM SAD TO BE SAYING GOODBYE, BUT I KNOW THAT I AM NOT LOSING ANYTHING AS THE UPA WILL CONTINUE ITS LEGACY: TO CONNECT, GROW AND SUCCEED!!!

THANK YOU ALL FOR YOUR SUPPORT, FRIENDSHIP, AND MEMORIES!!!

SUSIE PACKIANAYAGAM
President

Editor's note

Woosh! That was winter break flying by. And woosh! Back to the chain gang. It's like magic. The evil kind.

Just kidding. Now that the first week has flurried by and we've more or less settled into a comfortable routine, school's not so bad. Almost as good as sleeping in and consuming large quantities of chocolate. Seeing old friends, making new friends, studying with fresh ambition, picking up where you left off: exciting! Admit it: a part of you is glad to be back. Raring to go! ☺

And of course, new term, new resolutions: aiming for straight A's, anyone? As well as exercising, eating more nutritiously, drinking less, quitting smoking, and sticking to a budget? Okay, the UPA probably can't help you there, but we *could* help you meet new people, do some career planning and get more involved on campus. And the perfect way to start would be the upcoming Psych Week on the week of the 22nd to the 26th: chock-full of psych events and we really look forward to seeing you there. Hope you're as excited as I am!

Good luck to everyone in their new term! It's going to be wicked.

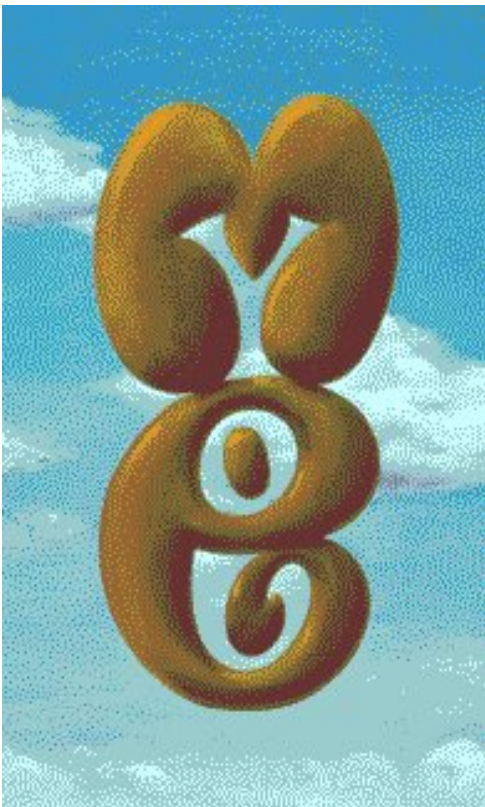
Lights, caffeine, aaaaand.....action!

Leigh Yang
VP Communications

I know what we did last month November - December recap

\$5007.25. Yesss! That's how much the Department of Psychology raised for the annual **Gay Bisanz Memorial Turkey drive**. That includes the Graduate students' Pie-a-Prof profits and individual efforts of several academic and administrative staff members, as well as a small contribution from the UPA from the proceeds of our Halloween Bash. Congratulations to all who helped reach the goal – what wonderful giving spirit!

A salute to Aimee and the academic committee for their excellent work on the **Lab Volunteering forum**, as usual. And thank you to our speakers for their precious time and contagious enthusiasm: it means a lot to us to know that you care and genuinely want to help us. Notes from the forum will be posted on the Members-only section of the website, along with handouts sometime soon. (We're working on it, we swear.)



WWW:

<http://www.alleydog.com/>

A lot of people may be familiar with this one: Alleydog's mission statement is to "help you enjoy learning about psychology and succeed in your classes". It includes useful tools like a fairly detailed online psychology glossary and mini-quizzes for certain topics, which would come especially handy when studying for intro-level psych midterms. A popular feature is the Graduate school search tool that lets you find schools that meet certain criteria (programs offered, region, etc.): unfortunately, it only covers American schools.

One of the most interesting places on Alleydog is its online forum, where the bulk of the focus is on graduate school admission. The comments tend to be extremely cynical and should probably be taken with a grain of salt, but it addresses many common questions about application requirements. Whenever you feel lazy or uninspired, comments like "you haven't got a hope in hell with a gpa like that" can really snap you back into working mode, out of sheer terror. Gulp.



The Freudian Corner

A. Gusnowski

Please welcome April, our newest Inkblot contributor and the UPA's new 'fundraising girl'. The Freudian Corner is a new series by April, who tries to convince the rest of the world that Freud isn't just a sex-crazed nut. He also liked Hannibal, myths and cigars. What a nut.

Welcome to the first edition of the Freudian Corner...all Freud all the time.

So who was this Freud guy anyway? On May 6th 1856, above a blacksmith's forge in Freiberg, N. Moravia, Jacob and Amalia Freud saw the addition of a boy to their household whom they named Sigmund. Though they raised Freud in a Jewish home, he proclaimed himself to be an atheist.

As Freud grew up he found a hero in Hannibal (a Semitic Carthaginian General). He was able to identify with Hannibal's desire to enter Rome, as to Freud this desire symbolized the importance of determination and perseverance under unfavourable circumstances. This early connection with ancient history may have led to Freud's interest in Classics and subsequent Classical references throughout his theories...the Oedipus complex for example.

Freud never intended to become a psychologist but rather aspired to become a Medical Researcher, and hoped to make numerous discoveries that would lead to fame and fortune. Unfortunately this profession offered little financially so he trained in Vienna as a Physician and Neurologist. Eventually Freud's interests turned to Psychology and led to the creation of his controversial theory *Psychoanalysis* ultimately attaining Freud his fame.

Throughout his lifetime he was married three times (widowed twice) and had ten children. The most famous of his children, Anna Freud, became a Psychologist herself. Being an avid smoker, Freud was diagnosed with cancer and underwent numerous surgeries eventually having a piece of his lower jaw removed, though he lived for fifteen years after this operation.

Freud eventually fled to London, England to escape the reign of the Nazis. This is where he eventually died on September 23rd 1939. Some believe that his death was a case of euthanasia as he supposedly begged his doctor to put him out of his misery and died shortly thereafter.

There you are ladies and gentlemen, a brief glimpse into the life of the man behind all the theories!

All facts and ideas derived from...

Wilson, S. and Zarate, O. (2002). *Introducing The Freud Wars*. Cambridge, UK: Icon Books Ltd.



Upcoming Events January – February - March

Coming soon in March: psych merchandise. Hoodies, sweats, tshirts, pens. Will possibly read 'psycho' on the butt. *crosses fingers*

The third week of January is Psych Week: brace yourselves, there's a lot going on. The itinerary is as follows:

Monday the 22nd:

Tickets for the Friday's Pub Crawl and Wednesday's Career Forum go on sale. PubCrawl tickets are \$15 each, and includes a bus-limo ride which includes poles and dance floors as well as \$10 drink coupons. Career and Volunteering Forum tickets are \$3, and include free pop and pizza. (!)

Tuesday the 23rd:

A **Bake Sale** in CAB: drop by our table and say hi! And maybe grab a goodie and a ticket.

The **Internship Program forum** will also take place on the same day, 5:30 to 7 PM in **BS M 145**. The usual 0 dollars for members and 1 dollar for non-members.

Wednesday the 24th:

Career and Volunteer Fair will be held from 10 to 4 in the **Business-Tory Atrium**, where representatives from psychology-related careers (ex. Psychologists' Association of Alberta) will be available to answer your questions and give a showcase of the opportunities they offer. The **Career and Volunteer Forum**

(different from the Fair) will be held in the evening (5 – 7), featuring guest speakers from Fort Saskatchewan Correctional Facility and Edmonton Police Services

Thursday the 25th:

A 3-4:30 PM **Resume Workshop** for psychology students (especially those applying to internship positions) will be held, courtesy of CAPS, in SUB. \$7 at the door. PubCrawl tickets sold in **Business-Tory Atrium** again.

Friday the 26th:

Last day for tickets to the **PubCrawl**. Check in at **Hudson's on Campus** at 8 PM, and the bus leaves at 9:30, making stops at Squire's, Union Hall, and the Ranch.

Whew. Hope to see you there! Remember: it's all for you. ☺

Schedule for Ticket sales to the Career forum and PubCrawl:

When? During regular office hours (second last page)

Where?

Monday – BioSci foyer
Tuesday – CAB
Wednesday – Business-Tory Atrium
Thursday – Business-Tory Atrium
Friday – Business-Tory Atrium

Forum tickets also available in info booths in SUB, CAB and HUB.



Join the UPA!

Why?

This is the conversation you are potentially missing out on:

"I'm taking PSYCO xxx next term."

"With Professor bleeeep? Oh yeah, I took that last year."

"Really? How was it?"

"Wow, what an experience. The one thing you really should know before going into it is tha-----"

You could be listening to conversations like this all the time if you took the time to connect with other psych students: we can help you.

How?

Come to BS P 206D during any of our office hours listed below, pay your \$5 membership fee and receive your card!

Office hours listed in the last page

The Perks:

Free admission into all forums and events!
(\$1+ for non-members)

Discounted snacks from Skinner's lunchbox!

Chance to volunteer within the UPA and take on leadership roles!

Seek advice from other UPA members on psych-related matters

WWW....

Look for us on the web, at www.ualberta.ca/~upa, for:

- Ψ **The MEMBERS ONLY section:**
extra, exclusive information on higher-level psych courses and more to come.
- Ψ **Professor** of the month
- Ψ **Course** of the month
- Ψ **Volunteer agency** of the month

Volunteer Opportunities



Too much time on your hands? Love psychology? Super-keen to meet people? Well, aren't you in luck!

The UPA is looking for responsible, dedicated individuals for:

Ψ UPA Executives

Do you absolutely love psychology? Would you like a chance to work closely with a group of psych students, for psych students? Are you interested in running for an executive position, many of which will be vacant next year? Wouldn't that be fun and look good on a resume? Are these rhetorical questions?

Send emails to ssp1@ualberta.ca

Ψ Smitty Volunteers

The Smitty Library, the psychology hangout, is still looking for volunteers. If interested in this fun job, please send your schedules ASAP.

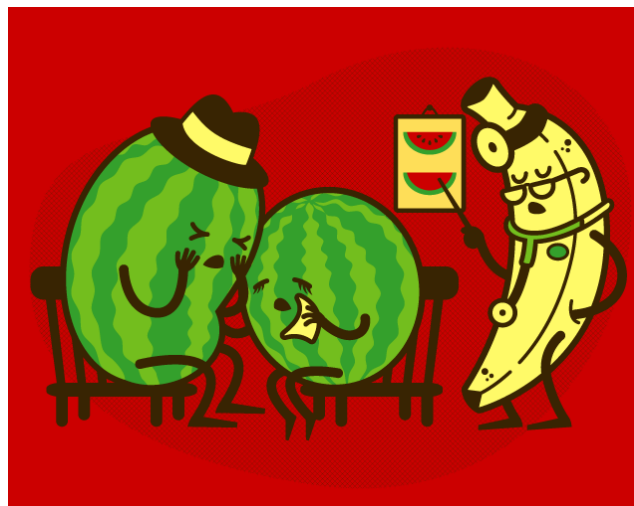
Send emails to dinsdale@ualberta.ca

UPA Office hours: Winter term

(Subject to change)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 AM	Michelle		Michelle		Michelle
9:00 AM					
10:00 AM					
11:00 AM		Leigh		Leigh	
12:00 PM		Sonia 11-12:30	April	Sonia 11-12:30	
1:00PM		Wing 12:30-2	Susie 12-2		Vaidehi 11-1
2:00PM	Leigh			Chris 1:30 -	Kristen
3:00Pm					
4:00PM		Kristen		Aimee / Wing	
5:00PM					Aimee

The Evils of Genetic Engineering



Happy early Valentine's Day!

The following story is true.

From [The Gateway](#), Volume 86, Issue 12, October 17, 1996, with minor corrections. Lifted from Dr. Loepelmann's website, <http://www.ualberta.ca/~kloepelm/faq.html>

Romantic Psych

Professor proposes in front of his psychology students

by Susan Sava

Professor Karsten Loepelmann's Psychology 104 class witnessed a special event on Friday, October 4. Towards the end of the 8 a.m. class, Loepelmann said he would prove that he had psychic ability, and required a volunteer for a demonstration of his powers. He wandered between the desks and said, "I need to find the prettiest girl in the room." After selecting a woman, he brought her to the front of the class and said he would guess her name by placing it on the overhead projector.

When Loepelmann turned the projector on, it flashed the words: "Lisa, will you marry me?" Loepelmann got down on one knee and proposed to his fiancée, Dr. Lisa Rebus. She said yes, and the couple shared a kiss in front of the class, who erupted into cheers.

"It was more than I'd hoped for," said Loepelmann. "I wasn't sure how [the students] would take it. They were very supportive."

The marriage proposal was well-thought out, said Loepelmann. "We were discussing it for a while. [Lisa] said that whenever she got proposed to, she wanted it to be a surprise...over dinner is not a surprise."

Loepelmann's fiancée didn't say yes to make sure she gets a 9 in her psych class; Rebus, who received her M.D. from the U of A in 1992, was only visiting the class. "The U of A has been a big part of both of our lives," said Loepelmann.

Romance exists. Even in psychology classes. Aww.

